

TIS Digital Backpack
February 6, 2023



Photo courtesy of M. Lachut

FROM THE PRINCIPAL'S OFFICE:

Kindness Week at T.I.S



During Kindness Week students will focus on how they can show kindness to themselves and others!

- ! **Monday, February 13 Shout Out Day**
! Notice a kind Hawk and give them a message or shout out!
- ! **Tuesday, February 14 Heart Day**
! Wear hearts or the color red or pink to show kindness is everywhere at TIS!
- ! **Wednesday, February 15 Community Kindness**
! Thank someone that has helped you in our school community.
- ! **Thursday, February 16 Be Kind to Yourself**
! Remember it is important to be kind to you too!
! Students will do a classroom activity focusing on self care.
- ! **Friday, February 17 Random Act of Kindness Day**
! Surprise someone with a random act of kindness.



For Questions reach out to Mrs. Bishopric!
abishopric@tolland.k12.ct.us

One School One Team TIS

TIS CALENDAR



FEBRUARY

1 Kindness Month Begins

8 Early Dismissal, 12:40

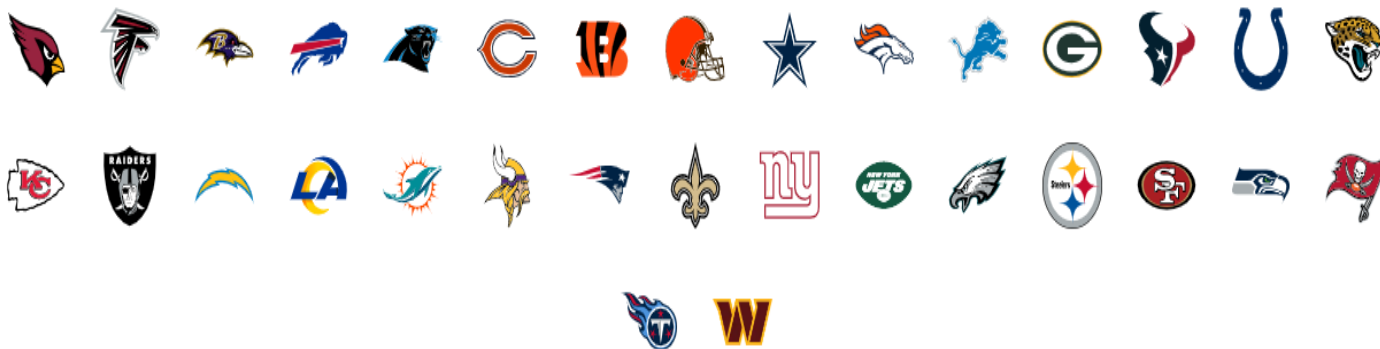
10 Sports Team Day

20-21-22 February Break, NO SCHOOL



TIS SPIRIT DAY
TEAM SPORTS DAY
FEBRUARY 10, 2023

WEAR APPAREL
EXPRESSING YOUR FAVORITE SPORTS TEAM



FROM THE NURSES' OFFICE:

Dear Parent/Guardian,

This year we will conduct a 5th grade Health and Hygiene class with all 5th grade classrooms. Each 5th grade class will participate in a 45-minute lesson between March 9th-24th. The class will consist of a general discussion on overall body health and will NOT be a focused growth and development class. The presentation will be given by our school nurse, Paula Feyerharm, RN.

Highlights of the class will be proper oral care, hand hygiene to reduce the spread of germs, cleaning the body and wearing clean clothes to reduce offensive body odors, and healthy eating and sleeping habits to work on a healthy body and mind. Students will have a chance to do an interactive hand washing activity during this presentation and they will come home with a small bag of hygiene products. They will have an optional at-home to complete if they choose.

If you do not feel your child should participate in this hygiene presentation with their class, please sign and return the form below **no later than MARCH 3rd.**

This health and hygiene presentation is not the same as a growth and development section which is part of their health curriculum; and this health and hygiene section will **not** address stages, or changes of puberty.

RETURN TO SCHOOL NURSE

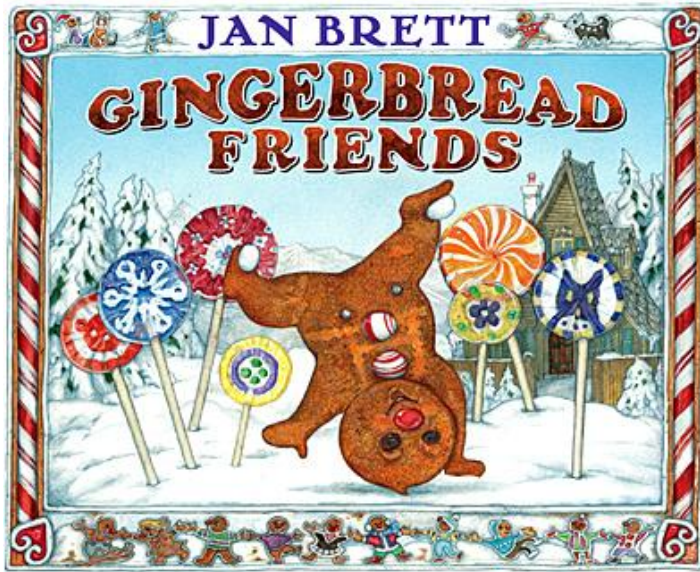
Only return this portion if your child **IS NOT** going to participate in the Health and Hygiene presentation.

My student _____ in 5th grade, homeroom teacher:

- Ms Biddle
- Ms. Catlin
- Ms. Dalrymple
- Ms. Dempsey
- Ms. Storozuk
- Ms. Yaglowksi
- Mr. Zangerl

Will attend an alternative activity during the Health and Hygiene presentation. I understand they will not participate in the hand-washing activity or engage in the health presentation.

(parent/guardian signature) Date _____ 2023



The Tolland Family Resource Center Presents
Gingerbread Friends Night
Friday, February 17, 2023
(Snow date 2/24/2023)
6:00-7:30pm

Held at Birch Grove Primary School's Cafeteria, 247 Rhodes Rd., Tolland, CT 06084

Pre-Registration is required. Space is limited!

Join us for a fun filled family evening. We will provide an assortment of delicious supplies and directions to make graham cracker friendship houses. You just need to bring your imagination and teamwork to build your own unique friendship house. The cost is \$5.00 per house. Pre-registration by Friday, February 10 is required.

Please return the bottom of this form by February 10, 2023, with a check made payable to Tolland Board of Education. Forms may be mailed to Tolland Family Resource Center, 247 Rhodes Rd., Tolland, CT 06084 or returned to your child's school in an envelope marked FRC.

Family Name: _____

Email: _____

Number of children _____ Number of adults _____

Number of friendship house kits _____ (\$5.00 each; 1 recommended per child)

ITEMS FROM LAST WEEK'S DIGITAL BACKPACK:

FROM THE TOLLAND PUBLIC LIBRARY:

Our library has some super exciting upcoming events and programs for kids, pre-teens, and teens. Please see the flyer below:



**VALENTINE'S DAY
COOKIE DECORATION**

**TUESDAY, FEBRUARY 14
4:00 - 4:45 PM**

Decorate delicious cookies for your loved ones!

PRE-TEENS & TEENS
REGISTRATION REQUIRED | FREE

TOLLAND PUBLIC LIBRARY
21 TOLLAND GREEN - TOLLAND, CT - 06084
WWW.TOLLANDCT.GOV/LIBRARY



Spring Registration is OPEN

Tolland Little League has opened registration for this spring for both baseball and softball.

Registration closes earlier this year to begin a new program of indoor baseball and softball activities that will allow a proper evaluation of all players and get a head start on the season.

T-Ball and Instructional Softball closes [February 18th.](#)

Minors and Majors Baseball (ages 7-12) closes [January 21st](#)

Farm, Minors and Majors Softball closes [February 4th.](#)

Any registrations after closing dates are pending availability and will be assessed a \$15 late registration fee.

Please register today!! [REGISTER HERE](#)

New this year

Multiple registrants from the same family will have a \$20 deduction on 2nd and all subsequent registrations. Please register all players at the same time for the discount to apply.

If you need assistance to cover registration fees

The T-Mobile Little League Call Up Grant offers a simple-to-use application to assist families in need with registration fees. Our goal is to provide resources to get and keep children on the field. Families interested in applying for a grant should click the image below.



EARN CASH FOR YOUR SCHOOL

LITTLE BY LITTLE WE CAN MAKE A BIG DIFFERENCE.

The Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to your school's earnings online.

LOOK
FOR THE
LABEL:



HERE'S HOW IT WORKS:



BUY

BOX TOPS PRODUCTS

You can find Box Tops on hundreds of products throughout the store.



SCAN

YOUR RECEIPT

Use the app to snap a photo of your receipt within 14 days of purchase.



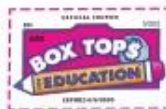
EARN

CASH FOR YOUR SCHOOL

Box Tops earnings are identified and automatically updated online.

SHOPPING FOR GROCERIES ONLINE?

You can still earn Box Tops for your school with your e-receipt!
See how at [BTFE.com/emailgroceryreceipts](https://www.btfec.com/emailgroceryreceipts)



BOX TOPS CLIPS

You may occasionally find an old Box Tops clip on packages in stores. **You can still clip them and send them to school**, as long as each clip has a valid expiration date.

SEE PRODUCTS & LEARN MORE ABOUT
THE BOX TOPS APP AT [BTFE.COM](https://www.btfec.com)

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DON'T HAVE THE BOX TOPS
APP YET? DOWNLOAD IT NOW:





The End

